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| **Date Completed** | ***Pathway to Bariatric Surgery*** |
|  | 1. **Visit our website:**
	* [**www.grhealth.org/weightloss**](http://www.grhealth.org/weightloss) to learn more about our program.
 |
|  | 1. **Complete application packet**:
	* Complete the Health Questionnaire and psychological tests
	* Complete the Insurance verification form (to help you understand your benefits for weight loss surgery)
	* Return the Packet to the Bariatric Coordinator by mailing, faxing, or emailing the packet.
 |
|  | 1. **Bariatric Coordinator receives the packet:**
	* The packet is reviewed
	* Bariatric Coordinator will contact you to schedule your first appointment with the multidisciplinary team on a Monday @0815.
 |
|  | 1. **Obtain letter of medical necessity from primary care physician or a provider that you see on a regular basis.**
	* In your packet you will find a template of this letter.

Have the physician fax the letter to 706-721-7524 or bring it with you to your first appointment. |
|  | 1. **Multidisciplinary visit:**
	* Height, Weight, and blood pressure will be assessed
	* Psychologist
	* Dietitian
	* Bariatrician
	* Labs will be Drawn at the end of the appointment
	* Schedule pre-operative test(s)

(The Multidisciplinary visit may take up to 3 hours to complete.) |
|  | 1. **Medical Weight Loss Follow-up /Physician Supervised diet visits:**
	* Complete \_\_\_\_Medically supervised diet and exercise visit(s).
		+ This can be done with our facility or with your primary care physician
		+ Follow-up on any lab work or tests that were completed

(The number of medically supervised diet visits is determined by your insurance company) |
|  | 1. **Complete Pre-operative testing:**
	* Sleep Study
	* Pulmonary Function Test
	* Chest X-ray
	* Upper GI
	* Coronary Calcium Scoring

(You may have already completed some of these tests. Please obtain copies or let us know so we can request copies if completed through another facility.)  | * EGD
* Echocardiogram
* EKG
* Cardiology Clearance (If needed)
* Gallbladder/ liver Ultrasound
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|  | 1. **Documents will be submitted to the insurance company to obtain approval after completion of pre-operative testing and physician supervised diets.** The approval process can take up to 4 weeks
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|  | 1. **Schedule Appointment with your surgeon:**
	* Talk about the different surgeries and decide on the best procedure for you.
	* Sign consents for surgery
	* Pre-operative Teaching by the dietitian
 |
|  | 1. **Schedule Surgery**
	* Once approved by insurance
	* If self-pay, then surgery will be scheduled and the full payment will be collected 14 days prior to surgery.
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|  | 1. **Pre-op evaluation**
	* Evaluation by anesthesiologist
	* Co-pays, deductibles, or cash payments for surgery will be collected in full on this day.
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|  | 1. **Start the Pre-operative Diet:**
	* **2 weeks prior to surgery OR**
	* **4 weeks prior to surgery**
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|  | 1. **Surgery Day**
	* Arrive at Day Surgery on the 8th floor by 6am or as instructed
	* Do not eat or drink anything after midnight.
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